

PROPOSED ITINERARY Costa Rica January 2020

1. Thu. 1/9 M- 1:45AM Depart Grantham (Eisenhower Circle) for Baltimore (BWI)
3:30AM Arrive Baltimore (BWI) airport.
LONG 6:20AM Depart Baltimore (BWI) airport, Southwest Air #WN378
TRAVEL 9:00AM Arrive Ft Lauderdale (FLL) airport, Southwest Air
DAY 10:25AM Depart Ft Lauderdale airport, Southwest Air #WN303
A-12:35PM Arrive CR San Jose (SJO) airport, Southwest Air
Travel to PASOS.
3:30PM PASOS rules, assign rooms and put luggage in rooms.
4:30PM Orientation: Mark Padgett.
E- 5:30PM Dinner at PASOS.
Debriefing & Handout Colonies for (Self Pay) SP #1-4.

2. Fri. 1/10 M-7:30AM Devotions and Cross-Cultural Lesson #5.
8:30AM CR History & Culture - Nancy Worsfold (1.5 hours).
A-11:00AM Lunch Together.
1:00PM Visit La Paz Waterfall Gardens (Fast & Slow groups).
E- Dinner (Self Pay) SP#1 in Grupo's @ Lincoln Mall.
Return to PASOS, Debriefing.

3. Sat. 1/11 M-7:30AM Devotions and Cross-Cultural Lesson #6.
8:30AM CR Education - Nancy Worsfold (1.5 hours).
10:00AM CR Society & Politics - Sherman Thomas.
A-12:15PM Lunch, SP#2 in Grupo's in the city.
Visit Mercado Central.
Visit Gold Museum. (Walking assignment)
E- 5:15PM Depart from Teatro Nacional for Dinner.
7:30PM Team-Building Activity.

4. Sun. 1/12 M-7:30AM Devotions.
9:00AM Church at Iglesia Biblica Jerusalem.
11:30AM Visit Outdoor Market (La Feria Hatillo) - Bring Coolers
A-1:30PM Lunch Together in Cartago.
Tour Cartago & Orosi.
E- Dinner, SP#3 in Grupos @ Tera Mall.
Return to PASOS and Debriefing.

5. Mon. 1/13 M-7:30AM Small Luggage Bag to Bus and Pack Sack Lunches.
(Also pre-pack for homestays. Won't have much time to
pack for homestays when we return to PASOS.)
8:00AM Devotions
8:30AM Depart for the Atlantic Coast (Limon).
LONG A- Sack Lunch in Limon.
TRAVEL Walking assignment in assigned groups.
DAY 1:00PM Travel to Cahuita.
Room assignments at Casa de Flores hotel.
Free time. **Beach: Tips optional**
E-6:00PM "Limon History & Culture" - Laura Hall.
7:00PM Dinner together.
8:00PM Debriefing.

6. Tue. 1/14 M- 6-8AM Breakfast free at Casa de Flores.
6-11AM Free time. **Beach: Tips optional**
A-11:15AM Depart for Chocolate Tour and Lunch.
3-6 PM Free time. **Beach: Tips optional**
E- 6:30PM Dinner, SP#4 in Grupos.

JOURNAL FREE DAY

7. Wed. 1/15 M- 6-7AM Breakfast free at Casa de Flores.
LONG 7:00AM Small Luggage Bag to bus.
TRAVEL 7:15AM Debriefing
DAY 8:30AM Depart for San Jose; lunch with home stay partner.
A-3:00PM Return to PASOS and quickly prepare for home stay.
(Laundry #1D) DropOff Laundry #1.
4:00PM Small Luggage Bag to bus, handout money for SP#5-8.
4:45PM Depart for ESEPA
6:00PM Meet Tico family at ESEPA.
E- Home Stay.
8. Thu. 1/16 M-9:00AM Meet at Teatro Nacional.
10:00AM Visit Rahab, U.S. Embassy, or CR Peace Corps.
A-Noon Lunch and Service Project at church.
E- Home Stay. (Be home by 6:00 PM.)
9. Fri. 1/17 M-9:00AM Meet at Teatro Nacional.
9:45AM Visit ESEPA. The Church in CR and Latin Missions:
Mark Padgett, Paul Mauger and CR missionary.
A- Lunch, SP#5 in mall with other students.
2:00PM Visit La Carpio
Visit National Museum (free) if time permits.
E- Home Stay. (Be home by 6:00 PM.)
10. Sat. 1/18 Home Stay
11. Sun. 1/19 Home Stay
12. Mon. 1/20 M- 7:30AM Return to PASOS.
(Laundry #1P) 8AM Pickup Laundry #1.
(Laundry #2D) 9AM Dropoff Laundry #2.
9:00AM Homestay debriefing.
11:00AM Lunch in pairs of Equipos near PASOS (SP#6)
2:00PM Be back at PASOS.
2:00PM Cross-Cultural Lesson #7
3:00PM Study for exam and prepare for presentation.
E- 6:30PM Light Dinner @ PASOS (We prepare.)
8:30PM Worship Time & Remembrance.
13. Tue. 1/21 M- 8:00AM Small Luggage Bag to Bus and pack sack lunches.
8:15AM Exam.
LONG 9:00AM Devotions and then depart for Monteverde
TRAVEL A- Sack Lunch enroute to Monteverde.
DAY Arrive at Monteverde (Hotel Montana).
Individual 30 minute Cultural Assignment.
E- 4:00PM Quaker Settlement Speaker- Mr. Marvin Rockwell.
5:30PM Dinner Together.
14. Wed. 1/22 M- 6:30AM Breakfast free at Hotel Montana.
7:15AM Visit Cloud Forest.
A-12:00PM Box Lunch.
1:15PM Canopy Tour Skywalk or horseback riding.
E- 6:30PM Franklin & Wilbur Parajeles at Cloud Forest Lodge.
7:30PM Dinner Together at Cloud Forest Lodge.
9:00PM Major debriefing in Hotel Montana meeting room.
15. Thu. 1/23 M- 6:30AM Breakfast free at Hotel Montana.
LONG 7:30AM Small Luggage Bag to bus.
TRAVEL 10:00AM Depart for San Jose.
DAY E- Late lunch together on the way back.
PB&J sandwiches and snacks for dinner at PASOS.

JOURNAL FREE DAY

16. Fri. 1/24 M- 9:30AM Devotions.
 Practice student presentations and rest.
 11:00AM Early Lunch at PASOS.
 A-12:00PM Visit Riviana Pozuelo factory (closed-toe shoes).
 2:00PM Visit Café Britt coffee plantation
 E- 6:00PM Dinner Together at Tiquicia.
17. Sat. 1/25 M - 8:45AM Devotions.
 (Laundry #2P) ~9AM Pickup Laundry #2
 9-12 Student Presentations.
 A - Lunch, SP#7 with other students near PASOS.
 2:30PM Group Recreation at Iglesia Biblica Jerusalem.
 E - Dinner Together & Bicultural Praise & Worship.
 9:00PM Debriefing and handout money for SP#9-11.
18. Sun. 1/26 M - 9:00AM Pack sack lunch.
 By 9:15AM Small Luggage Bag to bus.
 LONG By 9:45AM Pack Checked Luggage and Clean Out Rooms.
 TRAVEL 10:00AM Devotions.
 DAY 10:30AM Depart for Manuel Antonio.
 A Sack Lunch enroute to Manuel Antonio.
 3:00PM Arrive at Manuel Antonio (Hotel Karahé).
 A - Beach/Manuel Antonio National Park/Free.
 E - Dinner, SP#8 with other students.
 9:00PM Back on hotel grounds till daybreak.
19. Mon. 1/27 M - 7-10AM Breakfast Free at hotel.
 A - 2-7 PM Final Group Activity: Cruise (1:30pm at the bus).
 E - 9:00PM Back on hotel grounds till daybreak.
- JOURNAL FREE DAY**
20. Tue. 1/28 M - Beach/Free.
 LONG A - 11:30AM Luggage to bus
 TRAVEL 12:00PM Check Out and depart for San Jose.
 DAY Lunch Together in Quepos.
 E - Proceed to our hotel in San Jose and check in.
Men return to PASOS to pick up luggage.
 Women take their small bags and presentation partners small bags to their hotel rooms till men return and bring large bags to women's rooms..
 ~6PM Dinner, SP#9 in student groups near hotel.
21. Wed. 1/29 M- 6-8:30AM Breakfast (free at hotel)
 A- Free time.(Don't go out alone. Spend your colones)
 Lunch, SP#10 with other students in city.
 E- 6:00PM Final Dinner Together in Costa Rica.
 Time of reflection, recognition and thanksgiving.
 Pack and prepare for reentry.
22. Thu. 1/30 M - 6-8 AM Breakfast (free at hotel)
 9:30AM Luggage to bus, check out, clear charges.
 LONG 10:00AM Depart for San Jose airport.
 TRAVEL A - Lunch SP#11 in San Jose airport.
 DAY Depart San Jose (SJO) airport on Southwest #WN304
 E - 6:00PM Arrive Ft Lauderdale (FLL) airport Southwest
 8:25PM Depart Ft Lauderdale airport on Southwest #WN2262
 11:05PM Arrive Baltimore (BWI) airport Southwest
 11:30PM Depart Baltimore (BWI) airport for Grantham
 1:15AM Arrive Grantham (Eisenhower Circle)